



IISWBM Hosts Panel Discussion on Tackling Techno Stress and FOBO in the AI Era

Indian Institute of Social Welfare and Business Management (IISWBM) in collaboration with NHRDN Kolkata Career Club organized a Panel Discussion on “Tackling Techno Stress and FOBO: Challenges for HR Professionals in the AI World” on 25th September 2026 at IISWBM Campus for its MBA(HRM) students.

The panellist comprised of senior HR leaders from the Industry and academicians. Members included – Dr. Swati Smita (VP – HR, Essel Mining), Ms. Uma Dey (Executive Coach, PCC, P.npn, SPHRI), Mr. Sribesh Beltaria (Group Chief People Officer & President – HR, Shyam Steel Industries), Prof.(Dr) Supriya Biswas (Visiting Faculty, IISWBM)

The discussion covered how rapid AI adoption can create stress, job insecurity, information overload, and fear of making the wrong choice among employees. HR professionals need to address these challenges through Continued Learning, Reskilling, Employee wellbeing initiatives, clear AI policies and Transparent Communication. The goal is to ensure that AI improves productivity while maintaining employee trust, mental wellbeing and job satisfaction.

The session concluded with a Vote of Thanks to the distinguished Panel Members, NHRDN Kolkata Chapter, Director IISWBM – Prof. (Dr.) K.M.Agrawal and the MBA(HRM) department.

